

A List Of Books Related To Autism

A good book to loan to or buy for a pregnant woman or someone with very young children is *What Your Doctor May Not Tell You About Children's Vaccinations* by Stephanie Cave. A good book describing the evidence for a link between autism and mercury in vaccines is *Evidence Of Harm* by David Kirby. Though not about autism, a book on a related subject is *Toxic Metal Syndrome: How Metal Poisonings Can Affect Your Brain* by H. Richard Casdorff and Morton Walker.

A good book for a parent to read who has just received an autism diagnosis for his child is *Facing Autism* by Lynn M. Hamilton. It is an overview of autism and therapies for it, plus she uses examples from her own experience as a mother of an autistic child. A similar book is *Unraveling The Mystery Of Autism And Pervasive Developmental Disorder* by Karyn Seroussi.

Other books written by mothers of autistic children which focus on their own experiences include *Let Me Hear Your Voice* by Catherine Maurice and *Strange Son* by Portia Iversen. *Emergence: Labeled Autistic* by Temple Grandin and Margaret M. Scariano is the story of Temple Grandin, an autistic woman who has a Ph.D. in animal science. *Thinking In Pictures* is another book written by Temple Grandin.

One manual about ABA is *Behavioral Intervention For Young Children With Autism: A Manual For Parents And Professionals*, edited by Catherine Maurice, Gina Green, and Stephen C. Luce. An easier book to read which is geared to parents is *More Than Words: Helping Parents Promote Communication And Social Skills In Children With Autism Spectrum Disorder* by Fern Sussman. A book about sensory integration is *The Out-of-Sync Child: Recognizing And Coping With Sensory Integration Dysfunction* by Carol Stock Kranowitz.

Speech delays or difficulties are often seen in autism, and this is a subject addressed in some books. *Becoming Verbal With Childhood Apraxia* is by Pam Marshalla. *The Late Talker* is by Marilyn C. Agin, Lisa F. Geng, and Malcolm J. Nicholl. A book that is not about speech problems in autism but is about speech delays is *The Einstein Syndrome: Bright Children Who Talk Late* by Thomas Sowell. Two other books that are not specifically about autism, but are good to read nonetheless are *Gifted Children: Myths And Realities* by Ellen Winner and *Quirky Kids* by Perri Klass and Eileen Costello. The book *Shadow Syndromes: The Mild Forms Of Major Mental Disorders That Sabotage Us* by John J. Ratey and Catherine Johnson contains a 65-page chapter titled "Autistic Echoes".

As you know, many autistic children have intestinal and yeast problems. *The Yeast Connection Handbook* by William G. Crook and *Breaking The Vicious Cycle: Intestinal Health Through Diet* by Elaine Gottschall address these issues. Two publications from Kirkman Laboratories are also helpful, *The Kirkman Guide To Intestinal Health In Autism Spectrum Disorders* and *A Guide To Scientific Nutrition*, in which they describe all the supplements they sell. Another publication dealing with biomedical treatments is *Biomedical Assessment Options For Children With Autism And Related Problems* by Jon B. Pangborn and Sidney M. Baker.

For a different perspective on autism, consider two books by Simon Baron-Cohen, *Mindblindness: An Essay On Autism And Theory Of Mind* and *The Essential Difference: The Truth About The Male And Female Brain*. Note that just because I consider some

books to be worth reading does not mean that I endorse everything written in those books.

Two well-written novels that feature a high-functioning autistic adult man as a main character are *The Speed Of Dark* by Elizabeth Moon and *Double Vision* by Randall Ingermanson. Both are science fiction novels (*Double Vision* is also a Christian fiction novel). Further, Elizabeth Moon is the mother of an autistic son, and *The Speed Of Dark* is a Nebula Award winner (a prestigious award in science fiction).

Finally, hope is very important for the parents of an autistic child, and hope shines forth in the last book I mention. That book is *Recovering Autistic Children* by Bernard Rimland (the founder of the Autism Research Institute) and Stephen M. Edelson (his successor). The meat of the book is 33 chapters written by parents of autistic children and the stories of their progress and recovery from autism. It can be ordered from the Autism Research Institute.